



There's so much that I'm looking forward to! I'm ecstatic to be surrounded by compassionate and driven peers and mentors, all striving to make this world a better place. I also greatly appreciate the Pathy program's holistic and inclusive nature.

Prishni Seyone

Queen's University

Starts with Youth, Childhood abuse and trauma survivors, Canada

Starts With Youth strives to raise awareness and develop educational resources related to childhood trauma recovery and support. With the Pathy Foundation Fellowship, I hope to expand our work and organization into a comprehensive national Resource Bank and wraparound support service. We aim to foster community amongst trauma survivors, so that more may reflect on their experiences, access resources, and, with time, reduce the intergenerational transmission of hurt and pain.

As a survivor of childhood trauma and adult revictimization, I've witnessed firsthand the devastating effects of enduring trauma at an early age, and the way that these experiences create a shaky foundation for future years. I've also experienced the barriers that arise when attempting to access care and support, and I hope that Starts With Youth can play a role in reducing these barriers for those who walk after me.

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