



I am looking forward to having a positive impact on LGBTQ youth in Nova Scotia. It feels surreal to go from once being a struggling and closeted teenager to having the opportunity to start a program to help other youth facing similar challenges.

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My initiative aims to establish a one-on-one mentorship program between LGBTQ adults and LGBTQ teens and young adults in Nova Scotia. The goal of my project is to provide LGBTQ youth with social support, create avenues for knowledge and experience sharing, and evoke feelings of belonging and connectedness in these youth by pairing them with a supportive adult with a similar lived experience.

I am an out and proud LGBTQ individual. I am originally from Ontario, but I chose Nova Scotia as the geographic location for my initiative because I have strong family ties to NS, and I love the province after living in Antigonish for four years while attending StFX. I have met several important mentors on my journey to accepting myself as LGBTQ during my time here, and I want to give back to the community by providing youth with the opportunity to have a mentor.

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